## **Claims**

- 1. A composition for delivery of diphenhydramine consisting of a condensation aerosol
- a) formed by volatilizing a thin layer of diphenhydramine on a solid support, having the surface texture of a metal foil, to a temperature sufficient to produce a heated vapor of diphenhydramine and condensing the heated vapor of diphenhydramine to form condensation aerosol particles;
- b) wherein said condensation aerosol particles are characterized by less than 5% diphenhydramine degradation products, and
  - c) wherein the aerosol has an MMAD of less than 3 microns.
- 2. The composition according to Claim 1, wherein the diphenhydramine is a free base form of diphenhydramine.
- 3. The composition according to Claim 1, wherein the condensation aerosol particles are formed at a rate of at least 10<sup>9</sup> particles per second.
- 4. The composition according to Claim 3, wherein the condensation aerosol particles are formed at a rate of at least 10<sup>10</sup> particles per second.
- 5. The composition according to Claim 1, wherein the condensation aerosol particles are characterized by less than 2% diphenhydramine degradation products.
  - 6. A method of producing diphenhydramine in an aerosol form comprising:
- a) heating a thin layer of diphenhydramine on a solid support, having the surface texture of a metal foil, to a temperature sufficient to volatilize the diphenhydramine to form a heated vapor of the diphenhydramine and
- b) during said heating, passing air through the heated vapor to produce aerosol particles of the diphenhydramine comprising less than 5% diphenhydramine degradation products and an aerosol having an MMAD less than 3 microns

- 7. The method according to Claim 6, wherein the diphenhydramine is a free base form of diphenhydramine.
- 8. The method according to Claim 6, wherein the aerosol particles are formed at a rate of at least 10<sup>9</sup> particles per second.
- 9. The method according to Claim 6, wherein the aerosol particles are formed at a rate of at least of at least 10<sup>10</sup> particles per second.
  - 10. A kit for delivering a drug aerosol comprising:
  - a thin coating consisting essentially of diphenhydramine, and a)
  - a device for dispensing said thin coating as a condensation aerosol. b)
- The kit of claim 10, wherein the device for dispensing said coating as a 11. condensation aerosol comprises:
  - (a) a flow through enclosure,
- (b) contained within the enclosure, a metal substrate with a foil-like surface and having a thin coating of diphenhydramine formed on the substrate surface,
- (c) a power source that can be activated to heat the substrate to a temperature effective to volatilize the coating of diphenhydramine, and
- (d) inlet and exit portals through which air can be drawn through said device by inhalation,

wherein heating the substrate by activation of the power source is effective to form a diphenhydramine vapor containing less than 5% diphenhydramine degradation products, and drawing air through said chamber is effective to condense the diphenhydramine vapor to form aerosol particles wherein the aerosol has an MMAD of less than 3 microns.

12. The kit of claim 11, further including instructions for use.